

Girls, Inc.
Summer 2010 “Eureka” Discovery
Group Drumming Program
“Session Description”

Instruction and Program

by

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Group drumming offers people of all ages the opportunity to explore their rhythmic roots, creativity, communication and musical skill in a fun and structured atmosphere. Drumming appeals to a variety of personal development formats and focus. As your facilitator, I've selected your drumming experience to be contemporary pop music, with vocals and dance, along with the fundamentals of drumming. We will incorporate traditional drum circle rhythms in our play, like the 3:2 clave and 6/8 Afro Cuban, used in pop music today. Over the course of these sessions, we will prepare 2 or 3 songs for the final performance on July 30th, where each of you will be given/selected for specific roles.

July 8th 1st Session Introductions. Demonstration and basic instruction on how to play drum circle instruments. Discussion of pop music & instrument/vocal/dance roles for the final performance. Group play of simple rhythms. Session ends with free form rhythm jam. Attendees are asked for song ideas for the final performance.

July 13th 2nd Session Rhythm & Movement: understanding and connecting to body rhythm and movement. Selecting instruments that fit you. Discussion of the role of dance in group drumming and performances. Review of possible final performance songs. Introduction to the 4/4 time structure. Songs: “We Will Rock You.” “Wipe Out.” End with free form jam.

July 15th 3rd Session Communication through Rhythm: understanding basic audible and visual communications. Call & response exercises. Discussion of instruments/roles in final performance. Specializing in your instruments. Bells and shaker rhythm jam session. Introduction to the 3:2 clave rhythm. Song: “Jump Around.” Free form jam.

July 20th 4th Session Adding Voice in Group Drumming: as human language evolved, it found its way into drumming and music. Vocal exercises. Talking & playing rhythm. Singing & playing rhythm. Song: “Pon de Replay.” Review of instruments/roles for the final performance. Free form jam.

July 22nd 5th Session Brain Wave Entrainment (BWE) in Group Drumming: experience BWE in drumming, and how you can apply it to other group activities, athletics, mirroring, and learning. Introduction to 6/8 time structure and rhythm. Possible guests drummers: Afro Cuban jam session.

July 27th 6th Session Creativity in Group Drumming: explore your creativity in music and non-verbal communication thru free form and structured drumming. Creativity exercises. Review and practice final performance. Free form jam or selected pop song.

July 29th 7th Session Leadership in Group Drumming: take turns stepping up & leading the group rhythm with everything you have learned thus far. Rehearsal for final performance. End with free form jam or selected pop song.

July 30th FINAL Performance Two or three songs, depending on allotted time.